

**CLAIMS**

What is claimed is:

- SUB  
A/C
- 1 1. A system for communicating information to an individual,  
2 comprising:  
3 a) remote interface configured for specifying information  
4 to be communicated to the individual;  
5 b) a server connected to said remote interface, said  
6 server including script program generating configured  
7 for generating a script program, said script program  
8 for communicating the information to be communicated  
9 to the individual; and  
10 c) a remotely programmable apparatus networked to said  
11 server via a communication network, said remotely  
12 programmable apparatus including:  
13 i) communication device for receiving said script  
14 program from said server;  
15 ii) memory device for storing said script program;  
16 iii) user interface configured for conveying the  
17 information to be communicated to the individual,  
18 and for receiving input from the individual; and  
19 iv) processor device for executing said script  
20 program, said processor device connected to said  
21 communication device, to said user interface, and  
22 to said memory device.

- 23  
1 2. The system of claim 1, wherein said communications device  
2 comprises a modem.

- 3  
1 3. The system of claim 1, further comprising at least one  
2 monitoring device in communication with said remotely  
3 programmable apparatus, said at least one monitoring  
4 device for providing at least one measurement of a  
5 physiological parameter of the individual.

4. The system of claim 3, wherein said measurement is transmitted to said remote interface device via said server.

5. The system of claim 3, wherein said at least one monitoring device is connected to said remotely programmable apparatus via a cable.

6. The system of claim 3, wherein said at least one monitoring device is selected from the group consisting of a blood glucose meter, a respiratory flow meter, a blood pressure cuff, an electronic weight scale, and a pulse rate monitor.

7. The system of claim 1, wherein the information to be communicated is customized to the individual.

8. The system of claim 1, wherein the information to be communicated is a message.

9. The system of claim 1, wherein the information to be communicated is a set of queries to be answered by the individual.

10. The system of claim 1, wherein said remotely programmable apparatus comprises at least one monitoring device jack for operably linking at least one monitoring device to said remotely programmable apparatus.

11. The system of claim 1, wherein said remotely programmable apparatus is located at the residence of an individual to be monitored, and said remote interface is located at a location remote from the residence of the individual to be monitored.

Add B2

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